2025 Jacksonville Area Ice Cream Insanity 1000 SpotWalla Douglas [82] Waycross Brunswick Kingsland Jacksonville Live Oak Starke Cainesville Palatka Palin Coast Ocala edar Key Deltona FLORIDA Homosassa Springs

30km

20mi

Supplemental Ride Rule materials are included here, please be familiar with the regular current ride rules for the Ice Cream Insanity, https://www.ironbutt.com/themerides/icecream, especially the need to **TRAVEL** 150 + miles between each Ice Cream Stop, here are additional rules for this Special Certificate.

Spring Hill

Orlando

Four Corners

The preferred way of submitting your ride (For Premier Members) will be electronically by Insta-Cert. Accessible via The IBA eStore, https://ibaestore, logging into your account & going to 'Submit a Ride'.

This is an Insanity (Gold Equivalent) ride, as such, it will require you (the rider) to do a fair amount of planning to achieve the necessary 1000+ total miles for the complete ride AND the necessary 150+ miles between each stop. As this is an Insanity (Gold equivalent) ride - For ease of verification, NO NESTING with other rides.

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I have selected four unique Ice Cream locations (details below) & you can also use 2 of your choice Wildcard locations. The ride **starts & finishes** with an Ice Cream. You must obtain a DBR (Dated Business Receipt) at each Ice Cream stop and take a picture of it & your Odo. You must also take a Selfie picture of you with your Ice Cream. At the end of the ride, you must have consumed 6 lots of Ice Cream. For this ride, gas stop DBR/Odo pictures are not needed.

It is up to you, the rider, to come up with the necessary mileages between stops & for your overall routing. Here are some possible options to get to 150+ miles between Ice Cream stops:

- 1: A 75+ mile out & back West along I-10. (Turnaround is near Lake City).
- 2: A 75+ mile out & back South along I-95. (Turn around can be the Buc-ee's near Daytona Beach).
- 3: Loops of I-295 around Jacksonville (About 61 miles per loop).
- 4: A scenic ride along & around the St. Johns River.

BUT do not leave Florida, as this is a Florida In-State ride for the special Certificate.

You may repeat & re-ride any road as necessary to get to the required mileages.

Spotwalla **IS** required for this special Certificate. If you do not have Spotwalla, then you must ride the complete ride with someone who does. Share your Spotwalla link during verification.

At some point in the ride, you will need to 'bank' additional miles to get to the final Ice Cream stop with 1000+ miles ridden. How and where you get these miles (while staying inside Florida) is up to you, but it is recommended you do this outside the business hours that Regular Ice Cream Shops have. This is usually done during the Wildcard part of the ride.

BASIC FLORIDA TOLL INFORMATION AROUND JACKSONVILLE

Around Jacksonville, on sections of I-295 are Express Lanes (always to the left), that have Tolls on them at certain times of the day (usually the extended rush hours). These are automated toll readers (no toll booths) and **ONLY** accept the Sunpass transponder. For those that do not have a compatible transponder, the toll system administrator will take a photo of your plate and send you a bill, **PLUS** a \$25 fee for not having the correct transponder.

Depending on traffic, your mapping program and GPS, you will almost certainly be instructed to keep left. Staying in the center or right-hand lanes, will avoid any tolls being taken.

If you wish, you can order a Sunpass transponder here, https://www.sunpass.com/en/home/index.shtml or purchase one when in state. But some take 24 hours to get activated, so don't wait to get yours working.

ICE CREAM INFORMATION

Four Regular Ice Cream locations have been chosen based on having the longest possible business opening window (about 16 hours), parking & having good/interesting Ice Cream available. They are listed as regular Ice Cream locations IC1, IC2, IC3 & IC4 from the earliest opening to the latest closing. You may visit them in any order, but keep the identification as listed below during your submission. You may only visit each regular Ice Cream location listed below once.

Your wildcards are WC1 & WC2 and can be at any gas station ice cream, anywhere during the ride. The ones listed below are close to the event hotel. This is your choice but pick two different 'brands' as this

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reads better on the certificate. At ride finish you must have eaten 6 lots of ice cream. Each Ice Cream stop must be at least 150 (travelled) miles apart from each other.

HOW TO PLAN THE RIDE

This depends on the time you wish to start the ride, there are many different scenarios, but here are a few possible options:

Middle of the night start: WC1, WC2, IC1, IC2, IC3, IC4 Early morning start: WC1, IC1, IC2, IC3, IC4, WC2 Breakfast time start: IC1, IC2, IC3, IC4, WC1, WC2 Lunch time start: IC2, IC3, IC4, WC1, WC2, IC1

Middle of the afternoon start: IC3, IC4, WC1, WC2, IC1, IC2

Evening start: IC4, WC1, WC2, IC1, IC2, IC3

Remember, the ride starts and finishes with an Ice Cream, depending on where you start and finish, you may have some miles travelled to or from the event hotel that will not be included on the certificate. You may also have some time to wait before any of the regular Ice Cream locations open. You can come back to the event hotel & take a rest break at any time or stop anywhere on your route.

It is recommended you ride this either individually or in small groups. Most Ice Cream Shops only have one or two personnel working. A large group can overwhelm them & the overall stop could get very time-consuming. Also, plan on being at each regular Ice Cream stop for 20 to 30 minutes (even for small groups). Peak times for Ice Cream shops are early evening or at closing time (it is not uncommon to wait in a queue for 30+ minutes at these times). None of these regular Ice Cream locations are immediately near a Freeway exit & may require additional travel time based on the traffic conditions.

Each rider must purchase their own ice cream & obtain their own DBR - NO Sharing of either.

To become a certified finisher of this ride, you must:

- -- start at one of the acceptable regular Ice Cream Stops or Wildcard gas stations with an Ice Cream
- -- visit all Stops, in any order
- -- meet the requirements of all Stops (DBR photo with Odo, Selfie picture with Ice Cream)
- -- finish at one of the acceptable Ice Cream Stops or Wildcard gas station Ice Cream
- -- complete the final Stop's requirement before 24 hours from your ride's start ride at least 1000 miles start to finish, based on your odometer. If you believe tour Odo reads low, add extra miles.

Cost is \$60.25 – which includes a printed certificate at the awards banquet & an emailed PDF.

Unless otherwise noted, all stops have additional locations (operational hours may vary by location). Use Google to confirm hours & exact location. You may use any of these optional locations if it is more convenient for you, but access to & parking at these optional locations might be difficult. Just make a note in your submission where you went. You may ride this ride any time before the Jacksonville event (after the ride information is released) and up to one week after to receive the special certificate.

You can only ride this ride once to receive the special certificate. You may ride this ride at any other time later & receive the regular Ice Cream Insanity Certificate.

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What is considered Ice Cream? Refer back to the standard ride rules.

https://www.ironbutt.com/themerides/icecream

Premier members can email any additional questions in advance of the Jacksonville event to: ibapremiercertification@gmail.com

Do not start the ride until you have verified that this document includes all pages. Each page is numbered. This is your responsibility.

In an emergency, for assistance during the ride, or to notify us that you will not complete the ride, please call: Michael Kneebone 773-909-9219

Good luck! Go & Enjoy some great Ice Cream. Brian North - Ridemaster

24-hour gas stations in Jacksonville near the host hotel, for possible Wildcard:

- (1) Speedway at [30.1933, -81.6239], 10141 San Jose Blvd, (0.8 road miles north)
- (2) Shell at [30.2044, -81.6168], 9551 San Jose Blvd, (1.7 road miles north)
- (3) GATE at [30.2051, -81.6176], 9540 San Jose Blvd, (1.7 road miles north)

You may also use any gas station anywhere on your route at your convenience, but it must be 150 or more miles from the last Ice Cream Stop. Use two different brands/locations.

Starting information:

Host Hotel: Ramada (Wyndham) Hotel and Conference Center 3130 Hartley Rd, Jacksonville, Florida 30.1824, -81.6273



You must start your ride at one of the acceptable Ice Cream Locations or Wildcard WC1 at a date & time of your choice. Your ride officially starts at a receipt's date & time, and at the odometer reading recorded at first location. Confirm business hours before starting your ride.

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Take a photo of your starting receipt and odometer before you begin riding. Receipt info & odometer must be legible in the photo. Don't forget to also take a selfie picture of you & your Ice Cream.

The remainder of this Instructions Document identifies and describes all of the ride's required Stops. Included for each Stop is the following information: Ice Cream shop name, street address & coordinates, description and possible alternatives. Remember Wildcards are your choice.

Ice Cream 1 (IC1): Foxtail Coffee & Kelly's Ice Cream Counter (Silver Leaf) - St Augustine.

50 Silver Forest Dr. Ste. 50, St. Augustine, FL 32092 [30.0164, -81.5092]

Located in a newer strip mall about 20 miles to the south of the event hotel & not far from the Buc-ee's, closest to Jacksonville on I-95.

Hours: 6AM - 9PM

https://www.foxtailcoffee.com/locations/foxtail-coffee-silverleaf

Very few things can beat coffee & ice cream, put them together & you have an Affogato, traditionally Espresso & Vanilla ice cream. But you can choose any flavor of ice cream you like. I recommend Chocolate for the best Mocha taste you will ever have had. Coffee not your thing, then just order ice cream for breakfast!

Three other potential Foxtail locations are:

Jacksonville Downtown - San Marco; Jacksonville - Gate Parkway or Ponte Vedra Beach

Ice Cream 2 (IC2): Dreamette Ice Cream - Orange Park

1177 Park Ave #1, Orange Park, FL 32073 [30.1753, -81.7010]

Located in a strip mall in Orange Park, south of I-295 just west of the Henry H Buckman Bridge, about 6 miles west of the event hotel

Hours: 1pm - 8.30pm (closed Mondays - other Dreamette locations are open on Mondays)

https://www.dreametteplusjava.com

For everything Soft Serve ice cream this is your place. Including several unique flavors. Sundaes & dipped cones are a specialty.

Seven other Dreamette Locations are:

Aberdeen; Green Cove Springs; Middleburg; Jacksonville - West; Jacksonville - San Marco; Dinsmore & Atlantic Beach.

Ice Cream 3 (IC3): Milkster Nitrogen Creamery - Jacksonville

3853 Hendricks Ave, Jacksonville, FL 32207 [30.2833, -81.6509]

Located in a residential area on Hwy 13, parking is available along the side & behind the business. It is located about 8 miles NW from the event hotel on the same road (Hwy 13). Best access though, is from I-95 on Hwy ALT 1.

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Hours: 2pm – 9pm

https://www.facebook.com/milkster.jax/

Would you like to create your own ice cream, well now's your chance. Choose your 'base', add flavors & mix-ins. Then in front of you, the staff will make your ice cream using liquid nitrogen. The possibilities are almost limitless and delicious.

This is the only location in the Jacksonville area

Ice Cream 4 (IC4): Mayday Ice Cream – Town Center

4853 Big Island Drive #3, Jacksonville, FL 32246 [30.2547, -81.5294]

Located in a satellite building of a major shopping mall, the parking is conveniently located next to the business. Located off of I-295 on the east side, in the St. Johns Town Center. About 16 miles from the event hotel location.

Hours: 12pm – 10pm

https://www.maydayicecream.com/

A traditional scoop shop that makes all of their own ice cream, with some very interesting flavor combinations. The back story is well worth the read, https://www.maydayicecream.com/our-story. Up for a challenge? Too many flavors to choose from? Then try the six scoop Wingman sampler flight.

Six other locations in the Jacksonville area

Jacksonville - San Marco; Brooklyn Station; Cream River City; Jacksonville Beach - Beach Blvd; Jacksonville Beach - 3rd Street

Ride Finish: You must finish at an Ice Cream location (either a regular Ice Cream shop or Wildcard) within 24 hours of the ride start. Check & re-check this last DBR, make sure you take the necessary final pictures.

Premier Members: Electronic submission can be done at any time through Insta-Cert. Make sure you include your PayPal transaction. Plus, a list of which locations you visited, in chronological order. The email back with confirmation of the addition to the database is your notification that you were successful.

Otherwise, an application for ride certification must be submitted to IBA in the usual manner.

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